

## Learn How to Unlock the Power of Healing for your clients through the feet



### Foot Joint Mobilisation 4 Days Training with Australasian Expert Maree Gifkins Canada Victoria and Vancouver



FJM is a powerful technique that can enhance your clients' flexibility, energy, and confidence by restoring their foot health and function. Join Maree, a 27-year veteran in the field, for 4 days of hands-on learning and discover the ultimate guide for better movement, health, and wellbeing.

The foot is the base of the body when standing. If any of the 28 bones in the feet are misaligned, it can have a ripple effect on the whole body. The knee can twist inwards, affecting the hip, which then affects the back, groin and stomach muscles. This abnormal stress can reach up to the neck and shoulders as the body adapts for the misalignment of the foundation in the feet. Book today and learn how to unwind time.



#### Who can take this Workshop?

If you have a passion and love for working with people, this workshop is for you. It doesn't matter if you are a Reflexologist, Podiatrist, Acupuncturist, Chiropractor, Osteopath, Sports Therapist, Massage Therapist, Spiritual Healer, or just a caring person. This workshop will equip you with the skills and knowledge to become a pioneer in this field.

**Upon completing this course, you will receive a certificate and be ready to treat clients.**

#### Testimonials from courses

*"I had some treatments with Maree for my painful toes. It relieved and helped my feet and my whole well-being.*

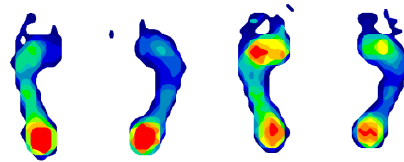
*This simple gentle technique easy to administer, can benefit many people with foot joint problems. I'm happy to sponsor Maree to Grafton as her work is unique, professional and healing"* Kay Distel [www.soundededucation.com.au](http://www.soundededucation.com.au)

*Maree, I have to say I feel confident helping so many people that have different foot issues, they are happy, I'm happy and my business is happy.*  
Regards Renee and Helen  
[www.heavenlybathsensations.com](http://www.heavenlybathsensations.com)

*"At the end of the day after working on customers feet, my body feels good and I still have energy, thank you Maree just like you said"*

#### Proof with Pressure Imaging

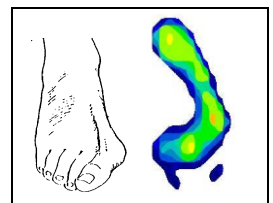
You'll be amazed by the Plantar Pressure Imaging in 2D colour of your feet before and after the course: This will show how your feet have transformed in these 4 days of training. As a bonus, you will receive a copy of your images to keep.



In this workshop, you will learn:

- The anatomy and biomechanics of the foot and ankle, and how they influence the rest of the body.
- The common foot conditions and injuries that clients will benefit from this course, such as plantar fasciitis, bunions, hammer toes, etc.
- The principles and techniques of FJM, a powerful technique that can restore your clients' foot health and function.
- The amazing benefits of FJM, such as improved flexibility, energy, confidence, posture, balance, and movement
- The case studies of FJM, showing how it has helped people with various foot problems and their goals.
- The assessment and treatment protocols for FJM, including how to identify subluxations, mobilise joints, monitor progress, and provide aftercare.
- 4 days of practical application of the learnt techniques on others, as they on your feet, feeling the healing power of this modality
- The possible integration of FJM with other modalities and exercises, to create a holistic approach to foot/body health.

This practical course is for anyone who has a passion and love for working with people. It doesn't matter if you are a professional therapist or a caring person. This course will equip you with the skills and knowledge in a fun and safe environment 😊



Class limited to 12 only. Book early don't be disappointed.

## Canada

**Victoria** 31Aug - 3 Sep 2023

**Vancouver** 8 - 11 September 2023

Australasian Expert  
Teacher with 27 years knowledge  
[www.footjointmobile.co.nz](http://www.footjointmobile.co.nz)  
Contact Maree Gifkins  
[maree@footbliss.co.nz](mailto:maree@footbliss.co.nz)  
**\$1600 \$1100** book by 28 July

**SUNRISE EARLY BIRD Book by 28<sup>th</sup> July and receive \$500 off \$1600.**

**EARLY BIRD Book by 16<sup>th</sup> Aug and receive \$250 off \$1600.**

**Don't wait Book Now**

**A deposit of \$250 is required to reserve your place**



**You can pay by:**

- Asking for an invoice to be emailed
- Visiting web page and using the online payment option  
<https://www.footjointmobile.co.nz/course.html#content2-o>

**Register now and receive more information about this exciting opportunity.  
Don't miss your chance to experience four days of fun and healing for your feet.**

*It is advised for participants to have a  
morning/evening walk to ground,  
anchor and breathe fresh air.*

*Len Bauer's Massage and rejuvenation centre sent 5 of their therapists for training.  
"Thank you Maree for your time and patience with us, your knowledge has enhanced our abilities to offer a specialised field in which there is a great need in our community. All age groups need feet for walking and standing. Looking forward to the advanced course" Len Bauer*