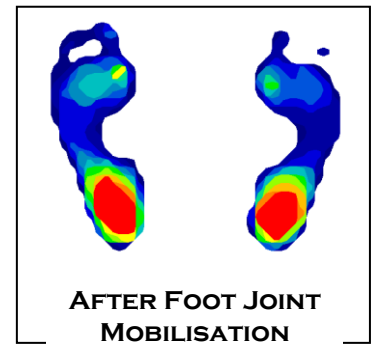


FOOT JOINT MOBILISATION



2.5 DAY TRAINING COURSE
WITH AUSTRALASIAN EXPERT
MAREE GIFKINS
22 YEARS KNOWLEDGE
WELLINGTON, LOWER HUTT
NEW ZEALAND
24 – 26 FEBRUARY 2017
\$530



When upright, the body is reliant on the foot for balance and stability. If any of the 28 bones in the feet are incorrectly aligned (or subluxed) the whole body is affected.

The knee can rotate inwards; this then affects the hip, which in turn affects the back, groin and stomach muscles. This abnormal stress can radiate up to the neck and shoulders as the body attempts to compensate for the incorrect alignment of the bones in the feet.

Foot Joint Mobilisation will be of benefit to learn if you have seen people suffering with any of these symptoms plus more.

- | | |
|-------------------|----------------|
| ⌘ Back Pain | ⌘ Knee Pain |
| ⌘ Sciatica | ⌘ Flat Feet |
| ⌘ Hip Pain | ⌘ Arthritis |
| ⌘ Shoulder Pain | ⌘ Shin Splints |
| ⌘ Neck Pain | ⌘ Bunions |
| ⌘ Recurrent Corns | ⌘ Heel-spurs |
| ⌘ Swollen Ankles | ⌘ High Arch |
| ⌘ Aching Feet | ⌘ Burning Feet |
| ⌘ Claw Toes | ⌘ Hammer Toes |



WHO CAN TAKE THIS WORKSHOP?

Everyone who has a desire to work with people
 Reflexologist, Podiatrist, Acupuncturists,
 Chiropractor, Osteopath, Sports Therapist, Massage
 Therapist, Spiritual Healers etc.

With proper training and experience, you can become a pioneer in this field.

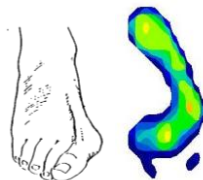
Certificates will be given to all students that complete all requirements for this Course. You will be able to treat people straight away.

TESTIMONIALS FROM COURSES

"I had some treatments with Maree for my painful toes. It relieved and helped my feet and my whole well-being.

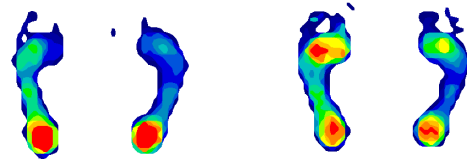
This simple gentle technique easy to administer, can benefit many people with foot joint problems. I'm happy to sponsor Maree to Grafton as her work is unique, professional and healing" Kay Distel
www.soundeducation.com.au

Maree, I have to say I feel confident helping so many people that have different foot issues, they are happy, I'm happy and my business is happy. Regards Renee and Helen www.heavenlybathsensations.com



PROOF WITH PRESSURE IMAGING

Plantar Pressure Imaging in 2d colour of your feet before and after the course. This will show the changes that have taken place in these 2.5 days of training. Participants may have a copy.



Lower Hutt: Class no. limited to 12.
Book early don't be disappointed.
Wainuiomata 24 – 26 February 2017

Australasian Expert
Teacher with 22 years knowledge
www.footjointmobile.co.nz
Contact Maree Gifkins
maree@footjointmobile.co.nz

"At the end of the day after working on customers feet, my body feels good and I still have energy, thank you Maree ☺"

Len Bauer's Massage and rejuvenation centre sent 5 of their therapists for training.
"Thank you Maree for your time and patience with us, your knowledge has enhanced our abilities to offer a specialised field in which there is a great need in our community. All age groups need feet for walking and standing. Looking forward to the advanced course" Len Bauer

Early bird rate of \$480 if you register by 25 January 2017

\$50 discount

BEFORE THE COURSE:

There is a pre-requisite video to watch. On receiving your deposit, a video file of a prerecording of the theory of the Foot Joint Mobilisation course will be sent to you for your learning. This is important to go over before class starts. This way your course has been shorted from 4 days to 2 and half days, without losing any of the important information.

The 2 and half days will be spent on the practical part of the Foot Joint Mobilisation. The base technique covers the 28 bones in the feet. You will be confident by the Sunday. You will also receive a video of the sequence for your viewing only.

COURSE STRUCTURE:

Participants arrive at 1pm Friday for a light lunch with course to commence 2 – 5pm. Saturday and Sunday will run from 9am – 5pm.

INCLUSIONS:

Course fee includes pre-course video, video of sequence, all tuition, light lunch on the first day. Morning and afternoon teas Sat and Sun.

VENUE:

Venue for the course is a retreat in Wainuiomata, Lower Hutt region where the environment of bliss meets you with healing and learning with Maree Gifkins.



A great venue to create the best ambience for your weekend.

Maybe a walk in Nature after a great day of learning and healing?

ACCOMMODATION:

If wanting to stay near the course here are some suggestions.

<https://www.holidayhouses.co.nz/Wainuiomata.asp>

<http://www.parklandsmotel.co.nz/>

THE AREA:

Wainuiomata is a lovely retreat away from the busyness of the city. Yes it's only a 25min relaxing drive east of Lower Hutt



The pictures say it all.

An early morning/evening walk to ground, anchor and breathe fresh sea air.

[Reserve your feet now. Your feet and your clients will thank you.](#)

http://www.footjointmobile.co.nz/nz_courses.html Paypal on line or direct debit into acct no: 38 9006 0449512 00 Maree Gifkins.

Particular: your last name.

Code: date of course.

Ref: WN.

Please email your details to maree@footjointmobile.co.nz

Early bird rate (before 25.1.17): \$480

Normal rate: (after 25.1.17): \$530

Deposit with registration: \$150 with balance due on the Friday of first course.